

# KEEP IT CONFIDENTIAL.



Your health insurance plan  
does NOT keep your health  
information private unless...

**YOU TAKE ACTION.**

## **3 STEPS TO PROTECT YOUR PRIVACY**

**1 Know your health plan + policy number**

**2 Submit a confidential communications request**

**3 Call to confirm your information is protected**

Learn more at: [myhealthmyinfo.org](http://myhealthmyinfo.org)